Hospital Testing for COVID-19
December 2020

Summary table providing an overview of hospital testing, covering 1) patients and 2) staff.

1) PATIENT TESTING

Who is being tested?	Type of test	Frequency	Additional information	Followed up by TaP	Alignment with testing principles	Relevant policy letter or guidance document
All elective surgical patients must be tested prior to admission Note - For paediatric elective surgical patients, please follow RCPHCH guidance	PCR	Tested prior to admission Retested on day 5 of in-patient stay if negative result initially Test immediately if clinically indicated. A clinical or a public health professional may consider testing even if the definition of a possible case is not met.	For 14 days pre-surgery, individual limits social contact if possible. Some patients may elect to self-isolate completely for this 14-day period*. Day 11: patient history check-in and COVID symptom screening. A viral nose and throat swab should be taken no more than 48 hours before surgery. Full SIGN guidance here on next steps if positive or negative. From the date of a negative swab, patients should be asked to self-isolate until their planned admission. If required, support should be arranged by the responsible surgical team and provision made for advising employers about the patient's availability to work. *If unable to be tested or isolate presurgery, carry out a risk assessment and discuss the risks and benefits of delaying or going ahead with the surgery with the patient, parent/carer.	Yes	Protecting the vulnerable and preventing outbreaks in high risk settings by routine testing Testing for direct patient care, to diagnose and to treat, and to support safe patient care as NHS services restart	SIGN Guidance: Reducing the risk of postoperative mortality due to COVID-19 in patients undergoing elective surgery For paediatric elective surgical patients: https://www.rcpc h.ac.uk/resources /national- guidance- recovery-elective- surgery-children

Who is being tested?	Type of test	Frequency	Additional information	Followed up by TaP	Alignment with testing principles	Relevant policy letter or guidance document
All planned medical admissions (inc endoscopy and bronchoscopy patients) must be tested prior to admission	PCR	Tested prior to admission Retested on day 5 of in-patient stay if negative result initially Test immediately if clinically indicated. A clinical or a public health professional may consider testing even if the definition of a possible case is not met.	For 14 days pre-admission, individual limits social contact if possible. Some patients may elect to self-isolate completely for this 14-day period*. Day 11: patient history check-in and COVID symptom screening. For endoscopy admissions, patient history check-in and COVID symptom screening 3-7 days preendoscopy. A viral nose and throat swab should be taken no more than 48 hours before surgery. This is the same for endoscopy admissions, however colonoscopy admissions should be tested 72 hours before to allow for bowel prep. From the date of a negative swab, patients should be asked to self-isolate until their planned admission. If required, support should be arranged by the responsible surgical team and provision made for advising employers about the patient's availability to work. If positive, patient advised to start 10 days of self-isolation along with household members and elective admission should be rescheduled. *If unable to be tested or isolate preadmission, clinical urgency & risk assessment undertaken – admitted on amber/medium risk pathway.	Yes	Protecting the vulnerable and preventing outbreaks in high risk settings by routine testing Testing for direct patient care, to diagnose and to treat, and to support safe patient care as NHS services restart	NHS Scotland Chief Executive letter on the Testing Expansion Plan

Who is being tested?	Type of test	Frequency	Additional information	Followed up by TaP	Alignment with testing principles	Relevant policy letter or guidance document
All emergency admissions	PCR and Point of Care Testing (PoCT) LumiraDx supplied to some health boards for all emergency admission testing; an immediate follow up PCR test needed if negative via LumiraDx Note - other PoCTs may also be available at local Board level that should be utilised in line with your organisational response		Includes all emergency admissions to whether or not they have symptoms, through Emergency Departments, Acute Assessment Units, Maternity Units and Emergency Mental Health Units		Protecting the vulnerable and preventing outbreaks in high risk settings by routine testing Testing for direct patient care, to diagnose and to treat, and to support safe patient care as NHS services restart	NHS Scotland Chief Executive letter on the Testing Expansion Plan Coronavirus (COVID-19) point of care and rapid testing - clinical management: governance policy
Any other patient admitted to hospital not covered by in the above groups (inc	PCR	Tested on admission All patients who test negative on admission to hospital should be retested on day 5 of their inpatient stay	Full guidance on patient transfers within hospital settings is included within the COVID-19 Infection Prevention and Control Addendum In summary:	Yes	Protecting the vulnerable and preventing outbreaks in high risk settings by routine testing	COVID-19 Infection Prevention and Control Addendum

Who is being tested?	Type of test	Frequency	Additional information	Followed up by TaP	Alignment with testing principles	Relevant policy letter or guidance document
hospital transfers)		Test immediately if clinically indicated. A clinical or a public health professional may consider testing even if the definition of a possible case is not met.	 All patients transferred to a new hospital must be tested on admission to the new hospital. All patients who test negative on admission must be retested on day 5 of their stay. If a patient is transferred to a new ward or department within 5 days of admission to hospital, they should follow the testing pathway for new admissions i.e. a PCR test must be performed on admission and repeated on day 5 of in-patient stay if negative on admission. If a patient is transferred to a new ward or department >5 days after admission to hospital, they should have a new PCR test performed on transfer (within 4 hours of arrival at new ward or department). If patient is a planned transfer to a clinically vulnerable area, then pretransfer testing must be built into the transfer plan and a test undertaken pre-transfer wherever possible. In all cases where the transfer occurs either prior to test being carried out, or prior to result becoming available (i.e. the patient's status is unknown), the patient should be isolated on the receiving ward until the result is known. 		Testing for direct patient care, to diagnose and to treat, and to support safe patient care as NHS services restart	NHS Scotland Chief Executive letter on the Testing Expansion Plan

Who is being tested?	Type of test	Frequency	Additional information	Followed up by TaP	Alignment with testing principles	Relevant policy letter or guidance document
Serial testing	PCR	Serial testing* of any patient group to reduce nosocomial transmission must be determined locally based on local intelligence (inc prevalence and incidence of nosocomial transmission) and risk assessments. *Serial testing would be undertaken in addition to the repeat test undertaken on day 5 of the in-patient stay (the purpose of which is to identify patients who were incubating but tested negative on or pre-admission). Test immediately if clinically indicated. A clinical or a public health professional may consider testing even if the definition of a possible case is not met.	This aligns with CNO letter issued to Boards on 16 October 2020	Yes	Protecting the vulnerable and preventing outbreaks in high risk settings by routine testing Testing for direct patient care, to diagnose and to treat, and to support safe patient care as NHS services restart	CNO letter first issued to Boards on 16 October 2020 and included in NHS Scotland Chief Executive letter on the Testing Expansion Plan
Tested as part of a hospital outbreak	PCR Use of any other types of test (in addition to PCR testing) should be discussed with local Incident Management Teams, in line with your normal	Proactive case finding should be supported during an outbreak through selected testing of any suspected symptomatic cases and, when indicated, asymptomatic testing as determined by the Incident Management Team (IMT). The highest level of benefit in terms of reducing transmission will be from identifying those most likely	Detailed COVID-19 outbreak guidance can be accessed via the ARHAI National Infection Prevention and Control Manual (NIPCM) here.	Yes	Protecting the vulnerable and preventing outbreaks in high risk settings by routine testing Testing for direct patient care, to diagnose and to	COVID-19 outbreak guidance in ARHAI National Infection Prevention and Control Manual (NIPCM)

Who is being tested?	Type of test	Frequency	Additional information	Followed up by TaP	Alignment with testing principles	Relevant policy letter or guidance document
	organisational response.	to have been infected, including asymptomatic positive cases who may transmit the infection.			treat, and to support safe patient care as NHS services restart	
Any patient who develops symptoms should be tested immediately, and testing should be considered where there is clinical suspicion of COVID-19.	PCR	Any patient who develops symptoms should be tested immediately. Clinicians should also consider testing where there is clinical suspicion of COVID-19. A clinical or a public health professional may consider testing even if the definition of a possible case is not met.	Further guidance is provided in Covid-19 Guidance for Secondary Care: COVID-19 Guidance for Secondary Care Settings (windows.net)	Yes	Protecting the vulnerable and preventing outbreaks in high risk settings by routine testing Testing for direct patient care, to diagnose and to treat, and to support safe patient care as NHS services restart	COVID-19 Guidance for Secondary Care Settings (windows.net)
All patients are tested on discharge to residential settings	PCR	Scotland website: Guidance for stepdown of infection	nents available on the Health Protection n control precautions and discharging COVID- ntial settings and COVID-19: Information and Adults and Older People).	Yes	Protecting the vulnerable and preventing outbreaks in high risk settings by routine testing Testing for direct patient care, to diagnose and to	Guidance for stepdown of infection control precautions and discharging COVID-19 patients from hospital to residential settings

Who is being tested?	Type of test	Frequency	Additional information	Followed up by TaP	Alignment with testing principles	Relevant policy letter or guidance document
					treat, and to support safe patient care as NHS services restart	COVID-19: Information and Guidance for Care Home Settings (Adults and Older People).
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		Pic,				

2) STAFF TESTING

Who is being tested?	Type of test	Frequency	Additional information	Followed up by TaP	Alignment with testing principles	Relevant policy letter or guidance document
Asymptomatic staff in defined high-risk areas: • Oncology & haemato-oncology in wards and day patient areas, inc radiotherapy • Staff in wards caring for people over 65 years of age where the length of stay is over 3 months • Mental health services where the anticipated length of stay is over three months.	PCR Plus Lateral Flow Tests (LFTs) to ensure twice weekly testing	Once a week via PCR and once a week via LFT Staff should also be offered LFT kits so that they can be tested twice weekly – once via PCR and once via LFT (see below)		Yes	Protecting the vulnerable and preventing outbreaks in high risk settings by routine testing Testing for direct patient care, to diagnose and to treat, and to support safe patient care as NHS services restart	Coronavirus (COVID-19): asymptomatic staff testing in NHS Scotland - gov.scot (www.gov.scot)
All patient- facing staff in hospital settings, SAS, COVID-19 Assessment Centres and	Lateral Flow Tests (LFTs)	Twice weekly Staff who are participating in studies, such as SIREN, should continue their current method of testing via PCR testing in line with study protocols. However, staff will also be offered LFTs (in	In the event of a positive LFT result, the staff member should self-isolate immediately (along with their household) in line with government guidance, inform their manager and occupational health department, and arrange to have an urgent PCR test in line with local Board	Yes, following confirmatory PCR test. If contact tracing does not receive a corresponding	Protecting the vulnerable and preventing outbreaks in high risk settings by routine testing	Coronavirus (COVID-19): asymptomatic staff testing in NHS Scotland - gov.scot (www.gov.scot)

COVID-19		addition to their weekly PCR test),	procedures. All positive LFT results	PCR result in	Testing for	Coronavirus
Vaccinators		so they too can access twice	require a follow up PCR test.	48 hours of a	direct patient	(COVID-19) point
		weekly testing. This also applies		reported	care, to	of care and rapid
		to staff being tested weekly in	See Chief Exec letter, Standard Operating	positive LFD	diagnose and	testing - clinical
		high-risk specialties via PCR (see	Procedure, FAQs and training materials	test result,	to treat, and	management:
		above).	here	then staff	to support	governance policy
				will be	safe patient	
			Negative results do <u>not</u> rule out COVID-	contacted as	care as NHS	
			19 and existing IPC measures - including	an index case	services	
			the use of PPE, the extended use of face	(via the	restart	
			masks, physical distancing, environmental	positive LFT		
			cleaning, symptom vigilance and good	result).		
			hand and respiratory hygiene – all remain			
			critical to minimise the risk of			
			transmission of COVID-19.			
			2,0			
Tested as part	PCR	All staff (regardless of symptoms)	Asymptomatic staff testing as part of an	Yes	Protecting the	COVID-19
of a hospital		should be offered testing as part	incident or outbreak should be carried		vulnerable and	<u>outbreak</u>
outbreak	Use of any other	of an incident or outbreak	out in line with existing staff screening		preventing	guidance in
	types of test (in	investigation at ward level	policy for healthcare associated infection:		outbreaks in	ARHAI National
	addition to PCR	unexpected cases are identified.	DL(2020)1 - Healthcare associated		high risk	<u>Infection</u>
	testing) should		infection (HAI): guidance for staff		settings by	Prevention and
	be	Proactive case finding should be	screening during healthcare associated		routine testing	Control Manual
	discussed with	supported during an outbreak	infection incidents and outbreaks			(NIPCM)
	local Incident	through selected testing of any	(scot.nhs.uk)		Testing for	
	Management	suspected symptomatic cases			direct patient	<u>Coronavirus</u>
	Teams, in line	and, when indicated,	Detailed COVID-19 outbreak guidance can		care, to	(COVID-19):
	with your	asymptomatic testing as	be accessed via the ARHAI NIPCM <u>here</u> .		diagnose and	<u>asymptomatic</u>
	normal	determined by the Incident			to treat, and	staff testing in
	organisational	Management Team (IMT). The			to support	NHS Scotland -
	response.	highest level of benefit in terms			safe patient	gov.scot
		of reducing transmission will be			care as NHS	(www.gov.scot)
		from identifying those most likely			services	
		to have been infected, including			restart	
		asymptomatic positive cases who				
		may transmit the infection.				

		All staff who are symptomatic of COVID-19 must be excluded from work immediately and tested. Follow COVID-19: Management of exposed healthcare workers and patients in hospital settings.				
Symptomatic staff - or if a	PCR	Staff should not be at work if they (or a household member) have	All staff who are symptomatic of COVID- 19 must be excluded from work and	Yes	Protecting the vulnerable and	COVID-19: Management of
household		symptoms of COVID-19 unless	tested. Follow COVID-19: Management of		preventing	exposed
member has		they have accessed a test, and	exposed healthcare workers and patients		outbreaks in	<u>healthcare</u>
symptoms or		tested negative and agreed their	in hospital settings.		high risk	workers and
has tested		return to work in line with local			settings by	patients in
positive		procedures. If a staff member has	;;(O'		routine testing	hospital settings
		COVID-19 symptoms, they must			Tankin a fan	
		self-isolate as per Government advice and book a PCR test.			Testing for direct patient	
		advice and book a PCK test.			care, to	
					diagnose and	
					to treat, and	
			*Of information		to support	
			X		safe patient	
			O-		care as NHS	
		:46			services	
					restart	

NB: A negative test does not mean that an individual is not incubating the virus. It is important to practice vigilance in monitoring for any symptom onset and adhere to existing COVID-19 IPC measures. This includes physical distancing, hand hygiene, appropriate use of PPE – including wearing of facemasks – and good respiratory etiquette.