ARHAI Scotland

Antimicrobial Resistance and Healthcare Associated Infection



Hospital Testing for COVID-19

Summary table providing an overview of COVID-19 hospital testing covering <u>1) patients</u> and <u>2) staff</u>.

Changes have been made to testing requirements contained within the table below in line with <u>DL 2022 (07)</u> issued on 1st April 2022. The inclusion of rapid diagnostic tests (including Point of Care antigen, molecular and PCR platforms) described within this testing table is an option available to NHS Boards where they can be operationalised at a local level and have the ability to ease service pressures and patient flow.

When using this table the following applies;

- Reference to hospital 'admissions' are those which require an overnight stay in hospital.
- Screening undertaken outwith the national programmes detailed below should be based on decision of clinical services e.g screening in critical care settings.
- Any patient who has previously tested positive for SARS-CoV-2 by PCR should be exempt from being re-tested within a period of 90 days from their initial symptom onset, unless they develop new possible COVID-19 symptoms. This is because fragments of inactive virus can be persistently detected by PCR in respiratory tract samples for some time following infection. The exception to this is:
 - Patients being discharged to a care home see duration of precautions section within the Winter Respiratory Infection IPC Guidance for detailed information.
- NB: A negative test does not mean that the patient is not incubating the virus. Staff should practice vigilance in monitoring for any symptom onset in the patient and reinforce the importance of COVID-19 measures including hand hygiene, wearing of facemasks and respiratory etiquette.

Testing prior to an Aerosol Generating Procedure (AGP) -

Airborne precautions and subsequent post AGP fallow times are required for all patients undergoing an AGP on the respiratory pathway. A risk assessment should be undertaken prior to performing an AGP on patients on the non-respiratory pathway and take account of any presenting respiratory symptoms. A PCR test, COVID-19 Rapid Diagnostic Test ((including Point Of Care Tests (POCTs)) or Lateral Flow Devices (LFDs) may also be used to support the risk assessment. Where there is no evidence of a respiratory virus, the AGP may be performed using droplet precautions negating the need for post AGP fallow times.

1) Patient testing

i) Patient testing			
Who is being tested	Type of test	Frequency	
Requirement 1	Rapid Diagnostic Test (includes	 Fully vaccinated patients – Rapid diagnostic testing may be utilised prior to admission to 	
All elective surgical patients must be tested prior to admission	POCTs) or LFD- fully vaccinated patients PCR - patients who are not fully vaccinated	 support the pre surgical clinical risk assessment. Day prior to surgery (patient to undertake Rapid Diagnostic Test (includes POCTs) or LFD and Rapid Diagnostic Test repeated again on day of surgery by a HCW. Patients who are unvaccinated – A PCR test should be undertaken with enough advance notice (but as close to the day of the planned surgery) to ensure there is a result available for the day of the planned surgery. This is to provide reassurance of post op clinical recovery. A Rapid Diagnostic Test (includes 	
		POCTs) or LFD may also be undertaken for	

Who is being tested	Type of test	Frequency	
		 LFDs may be used in addition to PCR to support rapid patient placement decisions for the respiratory pathway. Perform new PCR test at any point in the inpatient stay if new onset of COVID-19 symptoms are recognised or there is a clinical indication to do so (PCR). A Rapid Diagnostic Test (includes POCTs) or LFD may be used in addition to PCR to support rapid patient placement decisions. Prior to transfer to another care area/NHS board if deemed necessary and always if transferred to a high risk setting (Rapid Diagnostic Test) 	
Requirement 5 Duration of IPC precautions and discharge of COVID-19 patients	PCR	 Testing is not routinely required for stepdown of IPC precautions or discharge of COVID-19 except in the following cases; Testing is required prior to discharge from a hospital to a care home and may be considered prior to discharge if someone in the household is immunocompromised or for severely immunocompromised individuals. Further information can be found in the Duration of Precautions section within the Winter Respiratory Infections IPC guidance and the COVID-19: Information and Guidance 	

Who is being tested	Type of test	Frequency	
		for Care Home Settings (Adults and Older	
		People).	
Serial testing	PCR or Rapid Diagnostic Test (includes POCTs) or LFD	Serial testing of any patient group to reduce nosocomial transmission must be determined locally based on local intelligence (inc prevalence and incidence of nosocomial transmission) and risk assessments.	
		Serial testing does not replace the testing requirements above.	
Testing contacts of confirmed COVID-19 cases	Rapid Diagnostic Test (includes POCTs) or LFD - fully vaccinated	Individuals identified as contacts who are fully vaccinated may be tested using a Rapid Diagnostic Test (incls POCTs) or LFD daily for 10 days from the date of exposure to prevent the need to apply TBPs where tests remain negative. If Rapid Diagnostic Test is	
	Arch	 positive at any point, a follow up PCR test is required and TBPs must commence. Individuals who are not fully vaccinated require TBPs for 10 days from the date of exposure. Provided they remain asymptomatic on day 10, no testing is required to end isolation. 	
		See <u>management of contacts of COVID-19</u> within the winter respiratory infections IPC addendum for more information.	
Tested as part of a hospital	PCR or Rapid	Proactive case finding should be supported	
outbreak	Diagnostic Test	during an outbreak through selected testing	

Who is being tested	Type of test	Frequency	
	(includes POCTs) or LFD	 of any suspected symptomatic cases and, when indicated, asymptomatic testing as determined by the Incident Management Team (IMT). The highest level of benefit in terms of reducing transmission will be from identifying those most likely to have been infected, including asymptomatic positive cases who may transmit the infection. 	
Any patient who develop symptoms should be tested immediately, and testing should be considered where there is clinical suspicion of COVID-19.	PCR (essential) Rapid Diagnostic Test (includes POCTs) or LFD in addition to PCR to support risk assessments	 Any patient who develops symptoms should be tested immediately using PCR. A Rapid Diagnostic Test (includes POCTs) or LFD may be used in addition to PCR to support rapid patient placement decisions whilst PCR results are awaited. 	
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2) Staff testing

Staff testing requirements are detailed on the Scottish Government website and can be found at the following links;

- Asymptomatic staff testing https://www.gov.scot/publications/coronavirus-covid-19-healthcare-worker-testing/
- Self-Isolation Policy for health and social care staff https://www.gov.scot/publications/coronavirus-covid-19-test-and-protect/pages/care-home-social-care-workers/

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