# **ARHAI Scotland**

Antimicrobial Resistance and Healthcare Associated Infection



## **Hospital Testing for COVID-19**

#### Summary table providing an overview of COVID-19 hospital testing, covering <u>1) patients</u> and <u>2) staff</u>.

When using this table the following applies;

- Reference to surgical, medical, elective and emergency 'admissions' are those which require an overnight stay in hospital.
- Screening undertaken outwith national programmes which are detailed below should be based on decision of clinical services e.g screening in critical care settings.
- Any patient who has previously tested positive for SARS-CoV-2 by PCR should be exempt from being re-tested within a period of 90 days
  from their initial symptom onset, unless they develop new possible COVID-19 symptoms. This is because fragments of inactive virus can
  be persistently detected by PCR in respiratory tract samples for some time following infection. The exception to this is:
  - Discharge to care home/residential facilities where 2 negative tests must be achieved 24 hours apart prior to transfer for those still within the 14 day isolation period.
- NB: A negative test does not mean that the patient is not incubating the virus. Staff should practice vigilance in monitoring for any symptom onset in the patient after transfer and reinforce the importance of COVID-19 measures. This includes physical distancing, hand hygiene, wearing of facemasks and respiratory etiquette.
- If an inpatient has undergone a COVID-19 test in the previous 24 hours, there is no need to repeat it and the result can be accepted for any of the testing requirements below with the exception of
  - New symptoms onset a new PCR test must be performed as soon as new onset of COVID-19 symptoms are recognised or there is a clinical indication to do so.
  - Pre elective surgical or medical screening where the requirement for a negative test must be within a set time period (ideally within 48 hours)

Testing prior to an Aerosol Generating Procedure (AGP) - Airborne precautions are required for all patients undergoing an AGP on the respiratory pathway. Airborne precautions are also required for patients on the non-respiratory pathway unless there is evidence of a negative COVID-19 test in which case droplet precautions may be applied. This recognises the risk of asymptomatic and pre-symptomatic carriage of COVID-19 and the resulting risk of aerosolising the virus during the AGP and applies to all patients regardless of reason for admission. The negative test should ideally be within 48 hours prior to the AGP but must be no more than 72 hours before the AGP. It should be recognised that the closer to the AGP that the test is undertaken, the less risk there is of the patient having acquired COVID-19 and subsequent aerosolisation \*ion only during the AGP.

#### 1) Patient testing

Who is being tested	Type of test	Frequency	Additional information	Followed up by TaP	Alignment with testing principles	Relevant policy letter or guidance documents
Requirement 1	PCR	Tested prior to admission	A patient advice sheet for those planned to undergo an elective	Yes if positive	Protecting the vulnerable	Appendix 19 of the NIPCM.
All elective surgical patients must be tested prior to admission		Retested on day 5 of in-patient stay if admission test was negative A new test must be performed at any point in the inpatient stay as soon as new onset of	surgical procedure has been designed to answer questions regarding risks and precautions to be considered when attending for planned surgery during the ongoing COVID-19 pandemic. This can be found in Appendix 19 of the NIPCM. *If unable to be tested or isolate pre-surgery, carry out a risk		and preventing outbreaks in high risk settings by routine testing Testing for direct patient care, to diagnose and	

Who is being tested	Type of test	Frequency	Additional information	Followed up by TaP	Alignment with testing principles	Relevant policy letter or guidance documents
		COVID-19 symptoms are recognised or there is a clinical indication to do so	assessment and discuss the risks and benefits of delaying or going ahead with the surgery with the patient, parent/carer.		to treat, and to support safe patient care as NHS services restart	
Requirement 2 All planned medical admissions must be tested prior to admission	PCR	Tested prior to admission Retested on day 5 of in-patient stay if admission test was negative A new test must be performed at any point in the inpatient stay as soon as new onset of COVID-19 symptoms are recognised or there is a clinical indication to do so	for information	Yes if positive	Protecting the vulnerable and preventing outbreaks in high risk settings by routine testing Testing for direct patient care, to diagnose and to treat, and to support safe patient care as NHS services restart	NHS Scotland Chief Executive letter on the Testing Expansion Plan

Who is being tested	Type of test	Frequency	Additional information	Followed up by TaP	Alignment with testing principles	Relevant policy letter or guidance documents
Requirement 3	PCR and Point of Care	Tested on admission	Includes all emergency admissions whether or not they	Yes if positive	Protecting the vulnerable	NHS Scotland Chief
All emergency admissions	Testing (PoCT) LumiraDx supplied to some health boards, should they choose to use these, for emergency admission testing of symptomatic individuals only; an immediate follow up PCR test needed if negative via LumiraDx Note - other PoCTs may	Retested on day 5 of in-patient stay if admission test was negative A new test must be performed at any point in the inpatient stay as soon as new onset of COVID-19 symptoms are recognised or there is a clinical indication to do so	have symptoms, through Emergency Departments, Acute Assessment Units, Maternity Units and Emergency Mental Health Units		and preventing outbreaks in high risk settings by routine testing Testing for direct patient care, to diagnose and to treat, and to support safe patient care as NHS services restart	Executive letter on the Testing Expansion Plan Coronavirus (COVID-19) point of care and rapid testing - clinical management: governance policy

Who is being tested	Type of test	Frequency	Additional information	Followed up by TaP	Alignment with testing principles	Relevant policy letter or guidance documents
	also be available at local Board level that should be utilised in line with your organisational response		ationont			
Requirement 4	PCR	Tested on admission	Further guidance on patient transfers within hospital settings	Yes if positive	Protecting the vulnerable	COVID-19 Infection
Any other		Retested on day 5 of	is included within the COVID-19		and	Prevention and
patient		in-patient stay if	Infection Prevention and Control		preventing	<u>Control</u>
admitted to		admission test was	Addendum		outbreaks in	Addendum
hospital not		negative			high risk	
covered by in		.01			settings by	NHS Scotland
the above		A new test must be			routine testing	<u>Chief</u>
groups (inc		performed at any point				Executive letter
hospital		in the inpatient stay as			Testing for	on the Testing
transfers)		soon as new onset of			direct patient	Expansion
		COVID-19 symptoms			care, to	<u>Plan</u>
		are recognised or			diagnose and	
		there is a clinical			to treat, and	
		indication to do so			to support	
					safe patient	

Who is being	Type of test	Frequency	Additional information	Followed	Alignment	Relevant
tested				up by TaP	with testing	policy letter or
					principles	guidance
						documents
					care as NHS	
					services	
					restart.	
Requirement 6	PCR	If transfer is within 5	Further general guidance on	Yes if	Protecting the	COVID-19
		days of first admission	patient transfers within hospital	positive	vulnerable	Infection
Transfer of a		to hospital, no	settings is included within the		and	Prevention and
non-COVID-19		additional testing is	COVID-19 Infection Prevention		preventing	<u>Control</u>
patient to		required and the	and Control Addendum		outbreaks in	Addendum
another ward		patient must continue	0		high risk	
		to be tested on day 5			settings	NHS Scotland
NB: where a		of the admission as				<u>Chief</u>
COVID-19		per requirements 1-4	and Control Addendure		Testing for	Executive letter
patient still					direct patient	on the Testing
within their 14		If transfer is more than	\$O`		care, to	Expansion
day self-		5 days after first			diagnose and	<u>Plan</u>
isolation		admission to hospital,			to treat, and	
period needs		a new test should be			to support	
to transfer		performed on arrival at			safe patient	
there is no		the receiving ward			care as NHS	
need to test the		(within 4 hours)			services	
patient on		UNLESS the transfer			restart	
transfer – refer		is to a clinically				
to section <u>5.8</u>		vulnerable area then				
of Winter		pre transfer testing				
<u>(2021/22)</u>		must be built into the				

Who is being tested	Type of test	Frequency	Additional information	Followed up by TaP	Alignment with testing principles	Relevant policy letter or guidance documents
Respiratory infections in health and care settings infection prevention and control (IPC) addendum		transfer plan and a test undertaken pre transfer wherever possible.	ation			
Requirement 7	PCR	All transfers to another hospital or board	Further general guidance on patient transfers within hospital	Yes if positive	Protecting the vulnerable	COVID-19 Infection
Transfer of a non COVID-19 patient to another hospital/NHS board		should recommence testing frequency as per Requirement 1-4: Tested on admission to new hospital or NHS Board Retested on day 5 of in-patient stay if admission test was negative	settings is included within the <u>COVID-19 Infection Prevention</u> and Control Addendum		and preventing outbreaks in high risk settings Testing for direct patient care, to diagnose and to treat, and to support safe patient care as NHS	Prevention and Control Addendum

Who is being tested	Type of test	Frequency	Additional information	Followed up by TaP	Alignment with testing principles	Relevant policy letter or guidance documents
		If the transfer is to a clinically vulnerable area then pre transfer testing must be built into the transfer plan and a test undertaken pre transfer wherever possible. However, the transfer need not be delayed whilst a result is awaited and patient should be isolated on transfer to the receiving area until a negative result is achieved. A new test must be performed at any point in the inpatient stay as soon as new onset of COVID-19 symptoms are recognised or there is a clinical indication to do so.	torinformation		services restart	

Who is being	Type of test	Frequency	Additional information	Followed	Alignment	Relevant
tested				up by TaP	with testing	policy letter or
					principles	guidance
						documents
Requirement 8	PCR	Testing is not routinely	Further general guidance on	No	Protecting the	<u>COVID-19</u>
		required for stepdown	stepdown of IPC precautions and		vulnerable	Infection
Stepdown of		of IPC precautions or	discharge of COVID-19 patients		and	Prevention and
IPC		discharge of COVID-	is included within the COVID-19		preventing	<u>Control</u>
precautions		19 except in the	Infection Prevention and Control	2	outbreaks in	Addendum
and discharge		following cases;	Addendum for Acute Setting		high risk	
of COVID-19		Discharge to a care	COVID-19: Information and		settings	<u>COVID-19:</u>
patients		facility including care	Guidance for Care Home Settings			Information
		homes and residential	(Adults and Older People).			and Guidance
*Please also		homes where the	(Adults and Older People).			for Care Home
refer to		resident is still within				<u>Settings</u>
stepdown		the 14 day self-				(Adults and
<u>guidance</u> in		isolation period: 2				Older People).
Scottish		negative tests must be	\$O			
COVID-19		achieved commencing				
Addendum for		no earlier than day 8 of				
Acute care		the self isolation period				
settings for		and at least 24 hours				
other criteria		apart.				
required in						
addition to		Testing is encouraged				
testing		for patients				
		discharging to their				
		own home where				
		someone in the				

Who is being tested	Type of test	Frequency	Additional information	Followed up by TaP	Alignment with testing principles	Relevant policy letter or guidance documents
		household is severely immunocompromised.				
		Clearance testing may be considered for individuals severely immunocompromised as determined by chapter14a of the Green book and individuals with severe COVID-19 (requiring ITU/HDU for COVID- 19 treatment).	cor information only			
Serial testing	PCR	Serial testing* of any patient group to reduce nosocomial transmission must be determined locally based on local intelligence (inc prevalence and incidence of nosocomial	This aligns with CNO letter issued to Boards on 16 October 2020	Yes	Protecting the vulnerable and preventing outbreaks in high risk settings by routine testing Testing for direct patient	CNO letter first issued to Boards on 16 October 2020 and included in <u>NHS Scotland</u> <u>Chief</u> <u>Executive letter</u> <u>on the Testing</u> <u>Expansion</u> <u>Plan</u>

Who is being tested	Type of test	Frequency	Additional information	Followed up by TaP	Alignment with testing principles	Relevant policy letter or guidance documents
		<ul> <li>transmission) and risk assessments.</li> <li>*Serial testing would be undertaken in addition to the repeat test undertaken on day 5 of the in-patient stay (the purpose of which is to identify patients who were incubating but tested negative on or pre-admission).</li> <li>A new test must be performed at any point in the inpatient stay as soon as new onset of COVID-19 symptoms are recognised or there is a clinical indication to do so.</li> </ul>	torination		care, to diagnose and to treat, and to support safe patient care as NHS services restart	
Testing contacts of confirmed	PCR	All individuals identified as a contact of a confirmed case	This aligns with community contact tracing which is detailed	Yes if positive	Protecting the vulnerable and	PHS contact tracing guidance

Who is being tested	Type of test	Frequency	Additional information	Followed up by TaP	Alignment with testing principles	Relevant policy letter or guidance documents
COVID-19 cases		should have a single PCR test performed.	in <u>PHS contact Tracing</u> <u>Guidance</u> .		preventing outbreaks in high risk settings by testing contacts of confirmed cases. Testing for direct patient care, to diagnose and to treat, and to support safe patient care as NHS services restart	
Tested as part of a hospital	PCR	Proactive case finding should be supported	Detailed COVID-19 outbreak guidance can be accessed via	Yes if positive	Protecting the vulnerable	COVID-19 outbreak
outbreak	Use of any other types of test (in addition to	during an outbreak through selected testing of any suspected	the <u>National Infection Prevention</u> and Control Manual (NIPCM) here.		and preventing outbreaks in high risk	guidance in National Infection Prevention and

Who is being tested	Type of test	Frequency	Additional information	Followed up by TaP	Alignment with testing principles	Relevant policy letter or guidance documents
	PCR testing) should be discussed with local Incident Management Teams, in line with your normal organisational response.	symptomatic cases and, when indicated, asymptomatic testing as determined by the Incident Management Team (IMT). The highest level of benefit in terms of reducing transmission will be from identifying those most likely to have been infected, including asymptomatic positive cases who may transmit the infection.	forintermation		settings by routine testing Testing for direct patient care, to diagnose and to treat, and to support safe patient care as NHS services restart	<u>Control Manual</u> (NIPCM)
Any patient who develop symptoms should be tested immediately, and testing should be considered where there is	PCR	Any patient who develops symptoms should be tested immediately. Clinicians should also consider testing where there is clinical suspicion of	Further guidance is provided in <u>COVID-19 Guidance for</u> <u>Secondary Care Settings</u>	Yes	Protecting the vulnerable and preventing outbreaks in high risk settings by routine testing	<u>COVID-19</u> <u>Guidance for</u> <u>Secondary</u> <u>Care Settings</u> )

Who is being tested	Type of test	Frequency	Additional information	Followed up by TaP	Alignment with testing principles	Relevant policy letter or guidance documents
clinical suspicion of COVID-19.		COVID-19. A clinical or a public health professional may consider testing even if the definition of a possible case is not met.	mation		Testing for direct patient care, to diagnose and to treat, and to support safe patient care as NHS services restart	
		Archiver	hormation only			

### 2) Staff testing

Who is being tested?	Type of test	Frequency	Additional information	Followed up by TaP	Alignment with testing principles	Relevant policy letter or guidance document
Asymptomatic	PCR	Once a week via PCR	Asymptomatic staff who are	Yes	Protecting	Coronavirus
staff in defined high-risk		and once a week via LFT	currently tested using weekly PCR tests should		the	(COVID-19):
areas:	Plus Lateral				vulnerable and	asymptomatic staff testing in
aleas.	Flow Tests (LFTs) to	Staff should also be	continue to do so based on extant policy, to continue targeted		preventing	NHS Scotland
•Oncology &	ensure twice	offered LFT kits so that	approach for those patient groups		outbreaks in	
haemato-	weekly testing	they can be tested twice	most at risk. However, staff will		high risk	
oncology in	hoonly looling	weekly – once via PCR	also be offered the opportunity to		settings by	
wards and day		and once via LFT (see	be tested using LFTs (in addition to		routine	
patient areas,		below)	their weekly PCR test), so they too		testing	
inc			can access twice			
radiotherapy			weekly testing.		Testing for	
		Archiver			direct	
•Staff in wards			See guidance, FAQs and		patient care,	
caring for		KO'	operational definitions		to diagnose	
people over 65					and to treat,	
years of age		Ÿ			and to	
where the					support safe patient care	
length of stay is over 3					as NHS	
months					services	
					restart	

Who is being tested?	Type of test	Frequency	Additional information	Followed up by TaP	Alignment with testing principles	Relevant policy letter or guidance document
•Mental health services where the anticipated length of stay is over three months.			only			
All patient- facing staff in hospital settings, SAS, COVID-19 Assessment Centres and COVID-19 Vaccinators	Lateral Flow Tests (LFTs)	Twice weekly Staff who are participating in studies, such as SIREN, should continue their current method of testing via PCR testing in line with study protocols. However, staff will also be offered LFTs (in addition to their weekly PCR test), so they too can access twice weekly testing. This also applies to staff being tested weekly in high-	In the event of a positive LFT result, the staff member should self-isolate immediately (along with their household) in line with government guidance, inform their manager and occupational health department, and arrange to have an urgent PCR test in line with local Board procedures. All positive LFT results require a follow up PCR test. See <u>Chief Exec letter, Standard</u> <u>Operating Procedure, FAQs and</u> <u>training materials</u> Negative results do not rule out COVID-19 and existing IPC	Yes, following confirmatory PCR test. If contact tracing does not receive a correspondi ng PCR result in 48 hours of a reported positive LFD test result, then staff	Protecting the vulnerable and preventing outbreaks in high risk settings by routine testing Testing for direct patient care, to diagnose and to treat, and to support safe	Coronavirus (COVID-19): asymptomatic staff testing in NHS Scotland Coronavirus (COVID-19) point of care and rapid testing - clinical management: governance policy

Who is being tested?	Type of test	Frequency	Additional information	Followed up by TaP	Alignment with testing principles	Relevant policy letter or guidance document
		risk specialties via PCR (see above).	measures - including the use of PPE, the extended use of face masks, physical distancing, environmental cleaning, symptom vigilance and good hand and respiratory hygiene – all remain critical to minimise the risk of transmission of COVID-19.	will be contacted as an index case (via the positive LFT result).	patient care as NHS services restart	
Tested as part of a hospital outbreak	PCR Use of any other types of test (in addition to PCR testing) should be discussed with local Incident Management Teams, in line with your normal organisational response.	All staff (regardless of symptoms) should be offered testing as part of an incident or outbreak investigation at ward level unexpected cases are identified. Proactive case finding should be supported during an outbreak through selected testing of any suspected symptomatic cases and, when indicated, asymptomatic testing as	Asymptomatic staff testing as part of an incident or outbreak should be carried out in line with <u>existing</u> <u>staff screening policy for</u> <u>healthcare associated infection</u> . Detailed COVID-19 outbreak guidance can be <u>accessed via the</u> <u>NIPCM</u> .	Yes if positive	Protecting the vulnerable and preventing outbreaks in high risk settings by routine testing Testing for direct patient care, to diagnose and to treat,	COVID-19 outbreak guidance in National Infection Prevention and Control Manual (NIPCM) Coronavirus (COVID-19): asymptomatic staff testing in NHS Scotland

Who is being tested?	Type of test	Frequency	Additional information	Followed up by TaP	Alignment with testing principles	Relevant policy letter or guidance document
		determined by the Incident Management Team (IMT). The highest level of benefit in terms of reducing transmission will be from identifying those most likely to have been infected, including asymptomatic positive cases who may transmit the infection. All staff who are symptomatic of COVID- 19 must be excluded from work immediately and tested. Follow <u>COVID-19:</u> Management of exposed healthcare workers and patients in hospital settings.	torinnation		and to support safe patient care as NHS services restart	

Who is being tested?	Type of test	Frequency	Additional information	Followed up by TaP	Alignment with testing principles	Relevant policy letter or guidance document
Symptomatic staff	PCR	If a staff member has COVID-19 symptoms, they must self-isolate as per Government advice and book a PCR test. Staff must only return to work if COVID-19 PCR negative and agreed their return to work in line with local procedures.	All staff who are symptomatic of COVID-19 must be excluded from work and tested. Follow <u>COVID-19: Management of</u> <u>exposed healthcare workers and</u> <u>patients in hospital settings</u> .	Yes if positive	Protecting the vulnerable and preventing outbreaks in high risk settings by routine testing Testing for direct patient care, to diagnose and to treat, and to support safe patient care as NHS services restart	COVID-19: Management of exposed healthcare workers and patients in hospital settings

Who is being tested?	Type of test	Frequency	Additional information	Followed up by TaP	Alignment with testing principles	Relevant policy letter or guidance document
Staff member	PCR and daily	Staff who have been	Staff exposed to a case of	Yes if	Protecting	DL (2021) 24
exposed to a	LFDs	exposed to a contact of	COVID-19 should following the	positive	the	<u>DL(2021)24 -</u>
contact of a		a COVID-19 case	guidance detailed in the Isolation		vulnerable	Update on
COVID-19 case		should undertake a PCR	exemptions for health and social		and	isolation
including		test as advised by Test	care staff.		preventing	exemptions for
contacts within		& Protect or Incident			outbreaks in	Health and
the same		Management Teams	× O		high risk	Social Care
household		and follow the guidance	~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~		settings by	<u>staff</u>
		listed under 'additional			routine	(scot.nhs.uk)
		information'.	care staff. Or		testing	
		Where able to return to			Testing for	
		work, daily LFD tests	~O`		direct	
		are required for the			patient care,	
		10 days since you last	D*		to diagnose	
		saw the person who			and to treat,	
		tested positive or from			and to	
		the date of first			support safe	
		symptom onset if you			patient care	
		live with the contact.				

NB: A negative test does not mean that an individual is not incubating the virus. It is important to practice vigilance in monitoring for any symptom onset and adhere to existing COVID-19 IPC measures. This includes physical distancing, hand hygiene, appropriate use of PPE – including wearing of facemasks – and good respiratory etiquette.