

Wearing a Face Mask – Information for Patients

Important points

- A surgical face mask should be worn by all patients within the hospital, including moving between departments.
 - Wearing a face mask protects you and others around you.
 - Clean your hands with alcohol gel before and after using a face mask.
 - Once in place do not touch the face mask, even when communicating.
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- Make sure the face mask covers your nose, mouth and chin.
 - You do not need to wear a face mask if you are receiving oxygen therapy or are unable to tolerate wearing one.
 - You should wear a face mask as much as possible, including when in bed.
 - If you are in a single room you should wear a mask whenever anyone enters your room.
 - You can remove your face mask when showering, eating/drinking or sleeping as long as you stay 2 metres away from anyone else.
 - Make sure you stay a 2 metre physical distance from others where possible.

