Your Moments for Hand Hygiene

Health care in a residential home

1. BEFORE TOUCHING A RESIDENT
   - WHEN?: Clean your hands before touching a resident.
   - WHY?: To protect the patient against harmful germs carried on your hands.

2. BEFORE CLEAN/ASEPTIC PROCEDURE
   - WHEN?: Clean your hands immediately before performing a clean/aseptic procedure.
   - WHY?: To protect the patient against harmful germs, including the resident’s own, from entering his/her body.

3. AFTER BODY FLUID EXPOSURE RISK
   - WHEN?: Clean your hands immediately after a procedure involving exposure risk to body fluids (and after glove removal).
   - WHY?: To protect yourself and the environment from harmful patient germs.

4. AFTER TOUCHING A RESIDENT
   - WHEN?: Clean your hands after touching the resident at the end of the encounter or when the encounter is interrupted.
   - WHY?: To protect yourself and the environment from harmful patient germs.

World Health Organization

SAVE LIVES
Clean Your Hands

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WHO acknowledges the Ministry of Health of Spain and the Hôpitaux Universitaires de Genève (Infection Control programme) for their active participation in developing this material.

March 2012