



10 MUST DO'S TO PREVENT INFECTION

**Every patient, every care setting,
every time.**

1. Assess patients for infection risk and ensure they are cared for in a safe place.
2. Practise good hand hygiene.
3. Cover your nose and mouth when coughing or sneezing.
4. Wear suitable personal protective equipment.
5. Keep all reusable care equipment clean and well maintained.
6. Keep the care environment clean and tidy.
7. Safely handle used linen.
8. Safely clean up all blood and body fluid spillages.
9. Safely dispose of all household and care activity waste.
10. Take corrective action if injured or exposed to blood and body fluids.

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